

JOURNAL

Montecito

SUMMER 2025

**GIVING LIST WOMEN
THE MONTECITO-BORN
MOVEMENT GETTING
NATIONAL ATTENTION**

**ALSO:
THESE WOMEN
MEAN BUSINESS
SB GOES ALL IN ON
FEM-FOUNDED STARTUPS**

**MORE:
AMY CHRISTINE
1 OF 25 FEMALE
“MASTERS OF WINE”
IN THE U.S.**

Doing it
ylnoriffic

“Working with Gwyn Lurie and the Giving List Women was such an honor,” says photographer Lucia Kiel. “The energy at these shoots was incredible. These women shine so much light at a time we critically need it. I was grateful for the chance to contribute in any way I could.”

HEALTH & MEDICAL SERVICES

This work runs the physiological gamut—from cutting-edge aesthetics to holistic wellness and beyond. These practitioners redefine how we approach longevity, confidence, and healthy self-possession. Through personally tailored care and inclusive platforms, they foster a culture of both wellness and human connection.

ALLISON PONTIUS, MD

ELEVATED AESTHETICS

Dr. Allison Pontius brings more than two decades of experience, expertise, and compassion to the heart of Montecito. A triple board-certified facial plastic surgeon, Dr. Pontius specializes in non-surgical facial rejuvenation—a discipline she's both mastered and modernized under her brand, Elevated Aesthetics, housed within Turner Medical Arts.

Originally from California and a proud UC Santa Barbara alumna, Dr. Pontius spent 18 years on the East Coast building a distinguished career as a surgeon, clinical researcher, and educator. Her return to Santa Barbara in 2022 marked not only a homecoming but a purposeful pivot. "The pandemic was a turning point," she reflects. "I wanted to raise my daughter near family, reconnect with the landscape that grounds me, and be part of a community I love."

Today, she offers bespoke treatments that blend artistry with science—lasers, fillers, neuromodulators—all delivered with precision and a philosophy that prizes harmony over perfection. "My approach is subtle, undetectable enhancement," she explains. "Patients come for the results, but stay for the relationship."

Dr. Pontius is known not only for her clinical skill but for the time and care she dedicates to each patient. She views aesthetics as a long-term partnership, emphasizing connection, trust, and holistic well-being. "We're not a med spa. We're a practice built on integrity and collaboration," she says, describing how she and her colleagues at Turner Medical Arts work across specialties to tailor comprehensive care for their patients.

Beyond her clinical role, Dr. Pontius is passionate about education and mentorship. With over a decade as a Principal Investigator for FDA studies and a history of speaking at national medical conferences, she continues to shape the future of aesthetics by training other providers and hosting UCSB interns eager to enter medicine. "It's rewarding to give back to students who are where I once was," she says.

At her core, Dr. Pontius is a leader grounded in authenticity, compassion, and purpose. As she and her husband—also a plastic surgeon—grow their practice in Montecito, her vision remains clear: "I just want to be the best at what I do and offer that to this area."

ALLISONPONTIUSMD.COM



Photos by Kim Reterson