

ADDRESS SIGNS OF AGING WITH DR. ALLISON PONTIUS

TURNER MEDICAL ARTS' **ALLISON PONTIUS MD** IS A BOARD-CERTIFIED DOCTOR WHO'S DEDICATED THE LAST 15 YEARS OF HER CAREER TO HELPING WOMEN AND MEN MAXIMIZE FACIAL BEAUTY. A MASTER INJECTOR AND ANTI-AGING EXPERT, HER UNIQUE PONTIUS TECHNIQUE COMBATS AGING EFFECTIVELY AND NATURALLY. HERE, DR. PONTIUS SHARES MORE ON HER APPROACH.



Tell us about your approach to the face and what it involves.

I like to thoroughly analyze a patient's face and develop a comprehensive plan first. Then I use conservative injections of dermal fillers to contour and shape the face with the goal of creating a rejuvenated, balanced, and natural look.

Who can benefit from this approach?

Almost everyone can benefit from an objective analysis and facial balancing. Patients in their 40s-50s or with mild-moderate aging tend to see the best results.

Is there any downtime?

There's very minimal downtime – typically only some mild bruising or swelling. The filler will settle in and you'll usually see results within a week or two.

What is the relationship you try to have with your patients?

Having great, lasting relationships with my patients is incredibly important to me. I want them to trust me to guide them through the

aging process, and to know that I am here to address aging concerns at whatever stage of life they're at.

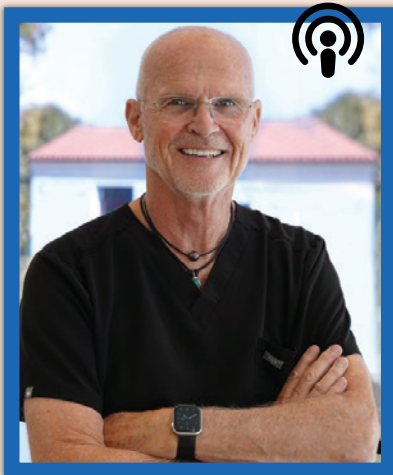
For someone who has never visited, what would you say makes Turner Medical Arts stand out?

At TMA, we take a very thoughtful approach to aesthetics. We really try to cater to our patients, cultivating a safe place where they can trust they're being well cared for. We put effort into going the extra mile to offer the best possible care and expertise.

What are you most excited about in the aesthetics industry?

I'm happy to see a push toward regenerative aesthetics, using different growth factors and bio-stimulators to restore our own body's collagen and elastin.

"Having great, lasting relationships with my patients is incredibly important to me."



THE VAGINA DOCTOR

Duncan Turner MD, founder of Turner Medical Arts, is making sexual health a less taboo topic through his podcast, *The Vagina Doctor*. Uniting mavericks in medicine and in life, The Vagina Doctor delves deep into anti-aging, sexual health, the historical silliness of medicine, and more. Stream it now on all platforms.



BODY BY POLY

Thinking of removing your implants? Turner Medical Arts' Breast and Body expert **Alain Polynice MD** says it's a growing trend. "I'm seeing patients wanting a more natural look to fit in with their active lifestyles, and I am removing more implants right now than putting in," he shares. "Some of this is due to breast illness complications with breast implants, other cases are just moving on from their breast implant days and wanting to go back to their body before implants."